



**ROCHAMBEAU**  
THE FRENCH INTERNATIONAL SCHOOL



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**



**aefe**  
Agence pour  
l'enseignement français  
à l'étranger

**Full Privilege Membership grants access to full use of the facility and reduced rates on ALL programs.**

\* Over 100 group exercise classes \*Aquatic Exercise classes \*Seniors Low Impact Group Exercise Classes

\* Cardio / Strength Training Equipment from LifeFitness, PreCore, Octane, Concept2 & more

\*Two hours of FREE childcare while you work out.

\*Three pools open year around: 2 indoor, 1 outdoor (closes only when temperatures reach 32 degrees)

\*Hot Tub Whirlpool & Sauna \*5 Tennis Courts \*Outdoor running/walking track (six times around is a mile)

\*Seasonal Farmers Market every Tuesday from 10am-2pm here May – the Tuesday before Thanksgiving

Category	# of people	Age	Requirements	Enroll Fee	Monthly EFT Dues	Rochambeau 15%
Youth	Individual	13-17	None	\$30	\$45	\$38.25
Young Adult	Individual	18-22	None	\$30	\$56	\$47.60
Young Professional	Individual	23-29	Max annual gross \$40k. Present W-2 & driver's license	\$50	\$65	\$55.25
Adult	Individual	23-64	None	\$50	\$89	\$75.65
Senior	Individual	65+	None	\$50	\$59	\$50.15
Senior Couple	Two Individuals	65+	Both meet age requirement	\$50	\$95	\$80.75
Family I	One adult household with children at home up to age 22		Valid school ID for college students	\$50	\$99	\$84.15
Family II	Two adult household with or without children at home up to age 22		Valid school ID for college students	\$50	\$139	\$118.15

**YMCA \* Bethesda-Chevy Chase \* 9401 Old Georgetown Rd. Bethesda MD 20814 \* (301) 530-3725 \* www.ymcadc.org**